



# HOW TO USE THE MOBILE CLINIC TAKING CARE OF YOU AND YOUR FAMILY



## LOCATIONS AND HOURS

### Mondays

*Lakeland High School from 6:30 a.m. — 11:30 a.m.*

*Prairie Heights High School from 1:00 p.m. — 6:00 p.m.*

### Tuesdays

*Angola High School from 6:30 a.m. — 11:30 a.m.*

*Fremont High School from 1:00 p.m. — 6:00 p.m.*

### Wednesdays

*Impact (Fairview Plaza) Kendallville from 6:30 a.m. — 11:30 a.m.*

*Lakeland High School from 1:00 p.m. — 6:00 p.m.*

### Thursdays

*Prairie Heights High School from 6:30 a.m. — 11:30 a.m.*

*Angola High School from 1:00 p.m. — 6:00 p.m.*

### Fridays

*DeKalb Eastern—Butler Elementary from 6:30 a.m. — 11:30 a.m.*

*Hamilton Jr./Sr. High School from 1:00 p.m. — 6:00 p.m.*

## SUMMARY OF SERVICES OFFERED

### Preventive care

- Annual physicals and routine health exams
- Well-women's health exams, including pelvic exams and pap smears
- Well-men's health exams
- School and sports physicals
- Preventive screenings: blood pressure, blood sugar, cholesterol
- Immunizations: seasonal flu and tetanus boosters

### Other services

- Diagnostic screenings: flu, strep throat, vision, etc.
- Treatment of minor illnesses and injuries: sore throat, flu, seasonal allergies, stomach pain, sinus infection, eye infection, skin infection and rashes, to name a few
- Follow-up exams
- Screening and diagnostic labs your doctor ordered

## WHO IS ELIGIBLE TO BE SEEN AT THE CLINIC

The Mobile Clinic serves all the insured employees and their families who are members of the health benefit plan offered by the Northeast Indiana School Insurance Consortium.

## HOW TO SCHEDULE AN APPOINTMENT

Go to [www.goshendirectcare.org](http://www.goshendirectcare.org) or call (574) 238-4852

Go to **Login** for returning users

### To create an account

Select **"Create an Account."** A family can share a login and add children so all family members are under one account or each member can create his/her own account.

### To create an account, you will need to enter the following information:

- First Name
- Last Name
- School District Name
- Date of Birth
- Address
- City
- State
- Zip Code
- Primary Phone and Cell Phone
- Relationship (i.e. employee, spouse, dependent)
- Email (Family members can share an email address if needed)
- Login (Family members can share a Login) i.e. smithfamily
- Password



### **Selecting a site**

When you choose **“Select Site,”** you will see a drop-down box with all the mobile clinic locations. Select the site that is the location you wish to be seen at. The sites listed with Nurse Practitioner (such as: Lakeland Nurse Practitioner) are to schedule an appointment with a provider and sites listed with Medical Assistant (such as: Lakeland Medical Assistant) are to schedule an appointment without seeing a provider for lab draws, injections, blood pressure checks, medication refills.

### **Selecting a service**

Next you will be asked to **“Select Service”**. Select the service that is you wish to be seen for.

### **Selecting a child if the appointment is for another member**

Next you can select a child if the appointment will be for another family member other than the primary name listed on the account.

### **Selecting a time for your appointment**

Available appointment dates for that location will show in the pop-up calendar. Select the date you want by clicking on it.

Click on the **white space next to the time slot** you want to schedule. A screen will open to verify what you have selected. Enter the specific reason for your visit and any further details you think the doctor or nurse will need. Then click **“Finalize appointment.”**

### **Once you finalized your appointment**

After finalizing your appointment, a confirmation screen will open that contains all your appointment details. You can print this page out as a reminder for your appointment. Then from the top of the screen select **“Log out.”**

## **CANCELING AN APPOINTMENT**

Please let us know as soon as possible if you are unable to make your appointment. This will allow someone else to reserve your appointment time. You can cancel or reschedule an appointment at [www.goshendirectcare.org](http://www.goshendirectcare.org) or call **(574) 238-4852**

## **MORE ABOUT THE MOBILE CLINIC**

### **What to bring to your first clinic appointment**

You will need to bring your photo identification, your health insurance card, and a list of your medications. There will be paperwork to complete upon your arrival or this paperwork can be picked up before your appointment by contacting the clinic staff.

### **Your medical information is private**

All medical services provided by the clinic are required to remain confidential under HIPAA. The Mobile Clinic maintains your privacy the same way Goshen Health maintains your privacy if you are hospitalized or seen in any of their healthcare facilities. The clinical staff will not share your medical information with the school administration.



### **Young children**

If your children are covered by the health plan and are not feeling well, you are welcome to bring them to the Mobile Clinic. Childhood immunizations are not offered at the Mobile Clinic, and will need to be completed by your pediatrician or family doctor. For further information, please call the clinic.

### **Prescription medication available at the Mobile Clinic**

Many common generic medications are available through the mobile clinic. For prescriptions that are not available, the medical provider can write a prescription for you to be filled at the pharmacy of your choice.

### **If you need medical care and the Mobile Clinic is closed**

In many instances, we encourage you to go to your primary care physician. If you don't currently have one, we would be happy to facilitate a referral for a primary care physician. If you need urgent or emergency care, you should go directly to an urgent care clinic or an emergency room facility.