

# Rocky's Retreat January Lunch Specials



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|---|--|--|--|--|
| 1 <sup>st</sup><br>Happy New Year!  | 2 <sup>nd</sup><br>   | 3 <sup>rd</sup><br>Chicken Nuggets or<br>Fried Chicken Leg<br>Tri Tators<br>Green Beans<br>Fruit Choice or Juice<br>Biscuit w/margarine<br>Milk Choice<br>No Salad Bar | 4 <sup>th</sup><br>Cheese Pizza or French<br>Toast & Sausage<br>Seasoned Corn<br>Cooked Carrots<br>Fruit Choice or Juice<br>Chocolate Chip Cookie<br>Milk Choice<br>No Salad Bar | 5 <sup>th</sup><br>Sloppy Dipper or<br>Chicken Sandwich<br>Mixed Vegetables<br>Baked Beans<br>Fruit Choice or Juice<br>Milk Choice<br>No Salad Bar       |
| 8 <sup>th</sup><br>Cheeseburger or<br>Taco Max Snax<br>Seasoned Corn<br>Seasoned Peas<br>Fruit Choice or Juice<br>Milk Choice               | 9 <sup>th</sup><br>Fold n Go Ham &<br>Cheese or<br>Cheese Quesadilla<br>Black Beans<br>Cheesy Broccoli<br>Fruit Choice or Juice<br>Milk Choice   | 10 <sup>th</sup><br>Chicken & Noodles or<br>Chicken Fries<br>Mashed Potatoes<br>Carrots & Dip<br>Fruit Choice or Juice<br>Dinner Roll<br>w/margarine<br>Milk Choice    | 11 <sup>th</sup><br>Soft Pretzel w/cheese<br>cup or Pancakes &<br>Sausage<br>Sliced Tomato<br>Tator Tots<br>Fruit Choice or Juice<br>Milk Choice                                 | 12 <sup>th</sup><br>Spaghetti or Nachos<br>w/meat & cheese<br>Green Beans<br>Seasonal Vegetables<br>Fruit Choice or Juice<br>Garlic Bread<br>Milk Choice |
| 15 <sup>th</sup><br>Fish Nuggets or<br>Chicken Fries<br>Broccoli<br>Tator Tots<br>Fruit Choice or Juice<br>Goldfish<br>Milk Choice          | 16 <sup>th</sup><br>Cheese Pizza or<br>Corn Dog<br>Baked Beans<br>Green Beans<br>Fruit Choice or Juice<br>Snicker doodle<br>Milk Choice          | 17 <sup>th</sup><br>Cheeseburger or<br>Cheesy Garlic<br>Flatbread<br>Carrots w/dip<br>Mixed Vegetables<br>Fruit Choice or Juice<br>Milk Choice                         | 18 <sup>th</sup><br>Cheese Quesadilla or<br>Chicken Sandwich<br>Seasoned Corn<br>Sweet Waffle Fry<br>Fruit Choice or Juice<br>Milk Choice  | 19 <sup>th</sup><br>End of Semester<br>No Students<br>              |
| 22 <sup>nd</sup><br>Toasted Cheese or<br>Mini French<br>Toast/Sausage<br>Tri Tator<br>Seasoned Peas<br>Fruit Choice or Juice<br>Milk Choice | 23 <sup>rd</sup><br>Taco Max Snax or<br>Cheese Pizza<br>Refried Beans<br>Sliced Tomato<br>Fruit Choice or Juice<br>Tortilla Chips<br>Milk Choice | 24 <sup>th</sup><br>Chicken Nuggets or<br>Sausage Gravy<br>Broccoli<br>Seasoned Corn<br>Fruit Choice or Juice<br>Biscuit<br>Milk Choice                                | 25 <sup>th</sup><br>Cheesy Breadstick<br>w/marinara or<br>Nachos w/meat &<br>cheese<br>Green Beans<br>Cooked Carrots<br>Fruit Choice or Juice<br>Milk Choice                     | 26 <sup>th</sup><br>Sub Sandwich<br>or Mozzarella Sticks<br>Mixed Vegetables<br>Carrots w/dip<br>Fruit Choice or Juice<br>Milk Choice                    |
| 29 <sup>th</sup><br>Sloppy Joe or<br>Chicken Sandwich<br>Baked Beans<br>French Fries<br>Fruit Choice or Juice<br>Milk Choice                | 30 <sup>th</sup><br>Cheese Quesadilla or<br>Cheeseburger<br>Caesar Salad<br>California Blend<br>Fruit Choice or Juice<br>Milk Choice             | 31 <sup>st</sup><br>Chicken Nuggets or<br>Fried Chicken Leg<br>Cooked Carrots<br>Green Beans<br>Fruit Choice or Juice<br>Dinner Roll w/margarine<br>Milk Choice        |   |  |

Yogurt or EZJammer meal offered daily as alternate choice. Salad bar offered daily to 3<sup>rd</sup>-5<sup>th</sup> graders.  
Student Lunch \$2.05 \*Menu Subject to Change \*\$27.50 Service Charge for Returned Checks

***This institution is an equal opportunity provider.***

